

FUN OVER 50

West University Place Senior Services
6104 Auden Street
713-662-5895
www.westutx.gov/seniors

Full class descriptions can be found at: www.westutx.gov/reg
or on the West U Parks & Recreation app.

Ongoing Senior Classes or Programs: Please pay for all classes at least one week in advance of the start date. If you are new, take advantage of a one-time-free sample class *before* you buy.

Get Up and Move Programs

Mondays / Wednesdays / Fridays

- 8:30 **Yoga Flow** (Instructor: Hannah) ----- \$50 per month
(Yoga Poses and Breathing Techniques)
- 9:45 **Body Pump** (Instructor: Leo) ----- \$47 per month
(Aerobic, Weight, and Floor Mat Work)

Mondays / Wednesdays

- 10:00 **Tai Chi** (Instructor: Greg) ----- \$57 per 6-weeks
(Exercise to Improve Balance and Posture)
- 11:00 **Hatha Yoga** (Instructor: Jean) ----- \$40 per month
(Focus on Breathing, Meditation, and Posture)
- 11:00 **Water Aerobics** (Instructor: Shavon) ----- \$64 per month
(Classes at the West U Rec Center)

Tuesdays / Thursdays

- 8:30 **Early Risers** (Instructor: Billie) ----- \$19 per month
(Stretching, Toning, and Flexibility Work)
- 10:00 **Chair Volleyball** (Instructor: Tom) ----- Free Play
(Sit in Chairs and Hit a Beach Ball Over a Net)
- 10:00 **Best Stretch** (Instructor: Jeryl) ----- \$40 per month
(Stretching, Flexibility, and Core Training) (in-person and on ZOOM)
- 11:00 **Zumba** (Instructor: Ronelle) ----- \$55 per month
- 11:15 **Water Aerobics** (Instructor: Paula) ----- \$64 per month
(Classes at the West U Rec Center)
- 12:00 **Lunchtime Yoga** (Instructor: Molly) ----- \$40 per month
(Yoga Poses and Breathing Techniques)

Morning Auditorium classes moved to the John Neighbors Room on the following Thursdays:
Sept. 11, Nov. 13, Dec. 11
(No Chair Volleyball on these days.)

Holiday Building Closures:
Sept. 1, Nov. 27/28, Dec. 25/26



Tuesdays / Wednesdays / Fridays (*First Come, First Serve*)

- 3:00 (Tue) **Pickleball – Open Play** ----- Free (Experienced Only)
- 1:00 (Wed) **Residents Only Pickleball – Open Play** ----- Free
- 2:00 (Wed) **Pickleball – Open Play** ----- Free
- 1:00 (Fri) **Pickleball – Open Play** ----- Free

Tuesdays

- 9:30 **Parkinson’s Boxing** (Instructor: Aaron) ----- \$132 per 6-weeks
- 1:30 **Advanced Line Dancing** (Instructor: Elsa) ----- \$44 per 8-weeks

Thursdays

- 9:30 **Chair Stretch** (Instructor: Eileen) ----- Free
- 9:30 **Parkinson’s Boxing** (Instructor: Aaron) ----- \$132 per 6-weeks

Second Wednesdays of Each Month

- 3:30 **Wine Down Wednesday Yoga** (Instructor: Hannah) ----- \$9 per session
(*Basic Yoga Moves, Longer Hold Times, Wine Sipping*)

Additional Thursday Evening Programs

- 5:00 **Evening Tai Chi w/ Greg** (*Beginner Class*) ----- \$40 per 8-weeks
Session: September 18 – November 6
- 5:30 **Mah Jongg Lessons w/ Lauren** ----- \$116 per 6-weeks
Session: September 11 – October 16
Session: October 23 – December 4 (*no class on November 27*)
- 7:00 / 8:00 **Evening Dance Classes w/ Scott** ----- \$110 per 8-weeks or
Session: September 25 – November 13 \$55 for 3-Punch Pass

Cultural, Gaming, & Art Programs**Mondays**

- 9:30 **Bridge** ----- Free Play
- 1:00 **Mah Jongg Games** (*First Come, First Serve*) ----- Free Play
- 4:00 **Balance & Stretch Exercise** (Instructor: Mary McKelvey) ----- Free

Tuesdays

- 10:00 **Conversational French** (Instructor: Lilia) ----- \$63 per 8-weeks
Session: September 9 – November 4
- 1:00 **Games Day – You Pick!** ----- Free Play
- 1:00 **Sewing Connection** (*Second and Fourth Tuesdays*) ----- Free
(Bring Your Own Projects)

To learn more about our other services such as: Transportation Services, Words on Wheels, Trash Assistance, and our Handyman Program, please visit www.westutx.gov/seniors for more details.

Wednesdays

- 10:00 **West U Mahjong Club – Pre Register** ----- Free
(Sponsored By: Maggie Garza & Jill Hord with Compass Realty)
Session: September 3 – September 24
Session: October 1 – October 29
Session: November 5 – December 17 *no program on November 26
- 10:00 **Needlework** (*Bring Your Own Projects*) ----- Free
- 11:00 **Book Discussion Group** ----- Free
(*First Wednesday with Harris County Public Library*)
- 1:30 **Studio Art** (Instructor: Barb – *Bring Your Own Projects*) ----- \$30 per 8-weeks
Session: August 20 – October 8
Session: October 15 – December 10 *no class on November 26
- 2:00 **Virtual Meditation** (*Second and Fourth Wednesdays*) ----- Free
- 2:00 **Chardonnay & Coloring Club** (*Third Wednesdays*) ----- Free
Sponsored By: Arosa Care Givers

Thursdays

- 12:30 **Great Decisions Discussion** (*Second Thursday*) ----- Free
(*Foreign Policy Book Required*)
- 1:00 **Mah Jongg Games** (*First Come, First Serve*) ----- Free Play
- 2:00 **Chat & Chain** (*Bring Your Own Needlework Projects*) ----- Free
(*Harris County Public Library Program held in the Community Building Meeting Room.*)
- 3:30 **Canasta** ----- Free Play
- 6:00 **West U Garden Club** (*Fourth Thursday*) ----- Free
- 6:30 **History of Mexico** (Instructor: George Baker) ----- Free
Session: September 4 – October 23

Fridays

- 9:00 **Watercolor Class for All Skill Levels** (Instructor: Mary) ----- \$88 per 8-weeks
Paint & Paper provided. Two Hour class.
Session: September 5 – October 24
Pop-Up Session: November 7 – December 5
*no class on November 28
- 11:15 **Shakespeare Class** (Instructor: Kate) ----- \$33 per 8-weeks
Session: July 18 – September 12 *no class on August 29
Session: September 19 – November 7
- 2:30 **Bingo** ----- \$4 at the door

Theme Meals: (Tuesdays at 11:30 AM, \$7)

Meals prepared by Lynn Smith and Co. Entertainment Sponsored by: **Brombacher & Co. Properties**
No Theme Meal in November.

- Sept. 30 **Fall Festival** ----- Deadline to RSVP & Pay: Sept. 24
(*Dessert Sponsor: Village of River Oaks*)
- Oct 28 **Monster Mash** ----- Deadline to RSVP & Pay: Oct. 22
(*Dessert Sponsor: Arosa Care Caregivers*)
- Dec 16 **Christmas** ----- Deadline to RSVP & Pay: Dec. 10

FALL PROGRAMS

SEPTEMBER

- **Tues. Sept 2: *Black Pants Club Trip*:** 10 AM - *Free* (Registration Required)
- **Tues. Sept. 2: *Make Something w/ Lisa Tate*:** 10:30 AM - *Free* (Craft: Layered Cards) Supplies Provided.
- **Wed. Sept. 3, 10, 17, 24: *Look at Art Lecture w/ Susan Babendure*:** 11:15 AM - *Free*
- **Thurs. Sept. 4: *Sing-Along Choir w/ Karen Kenny*:** 10:00 AM - *Free* Lyric sheet, sheet music, and background music will be provided. This is a community choir that welcomes and encourages people living with dementia, along with their care partners and any volunteers who want to sing! No prior singing experience necessary.
- **Thurs. Sept. 4: *Creative Corner*:** 11 AM - *Free* (Sponsored by Brookdale Galleria) Supplies Provided.
- **Thurs. Sept 4: *Chat & Chain*:** 2 PM - *Free* (Needlework Program with the Harris County Library. Bring Your Own Projects. Held Weekly in the Community Building Meeting Room)
- **Mon. Sept. 8, 15, 22, 29: *Learn about the new West U Parks & Rec App*:** 1 PM - *Free* This is a hands on class, bring your phone!
- **Tues. Sept. 9: *Bunco Games Trip to Bellaire LIFE Senior Program*:** 12:30 PM - *\$2* (trip on the West U bus)
- **Wed. Sept. 10-Oct. 15: *Mah Jong Lessons w/ Lauren LeVasseur*:** 1 PM - *\$116* (for a 6-week session) Introductory class using National Mah Jong League rules. 2025 National Mah Jong League card (purchased separately) is required.
- **Wed. Sept. 10: *Destination Lunch @ Kasra Persian Grill*:** 11 AM - *\$6* (+ Lunch on your own. RSVP and pay by: Sept 3)
- **Thurs. Sept. 11 & 18: *West University Place's Poetry Pals w/ Bill Boyd*:** 10:30 AM - *Free*
- **Thurs. Sept. 11: *Living Longer Through Lifestyle Choices w/ Robin & Jamie*:** 5:30 PM - *Free* (Women and Heart Health Speaker: Sheila K. Heinle, M.D. Cardiologist)
- **Thurs. Sept. 11 – Oct. 16: *Evening Mah Jong Lessons w/ Lauren LeVasseur*:** 5:30 PM - *\$116* (for a 6-week session) Introductory class using National Mah Jong League rules. 2025 National Mah Jong League card (purchased separately) is required.
- **Fri. Sept. 12 – Oct. 17: *Mah Jong Lessons w/ Lauren LeVasseur*:** 1 PM - *\$116* (for a 6-week session) Introductory class using National Mah Jong League rules. 2025 National Mah Jong League card (purchased separately) is required.
- **Fri. Sept. 12: *Luau Theme @ Bingo*:** Costumes encouraged. 2:30 PM - *\$4* at the door.
- **Fri. Sept. 12: *Tech Help with St. John's High School Students*:** 4 PM - *Free* (Registration Encouraged)
- **Fri. Sept. 12: *Folklorico Dancers*:** 4:30 PM - *Free* (Library Program held at Community Building in the John Neighbors Room)
- **Tues. Sept. 16: *Meet West U - Newbies and Neighbors*:** 11 AM - *Free* Are you new to West U, or a current West U Resident wanting to meet other residents? Participate in this West U Resident Mixer!
- **Thurs. Sept. 18: *Advanced Directives Lecture w/ Angie Galatos from Medical Advocacy Plus*:** 1 PM - *Free*

- **Thurs. Sept. 18: Living Longer Through Lifestyle Choices w/ Robin & Jamie:** 5:30 PM - *Free* (Topic: Volunteering is FUNDamental. Presented By: The Blue Bird Circle)
- **Thurs. Sept. 18: Medicare 101 Lecture with Henry Cook:** 6 PM - *Free*
- **Mon. Sept. 22: Fix That Necklace for Free w/ Lynn Smith:** 1 PM - *Free* (Drop Off Jewelry at the Community Building. Pick Up on a later date.)
- **Tues. Sept 23: CPR Training with the West U Fire Department:** 3 PM - *Free* (Must register by September 18 for this hands-on class.)
- **Wed. Sept. 24: Bookstore Crawl:** 10 AM - **\$2** (Small bus trip to multiple bookstores)
- **Thurs. Sept. 25: Fall Button Craft w/ Angela Mahmarian:** 11:30 AM - *Free*
- **Thurs. Sept. 25: Caregivers Support Group w/ Anchor Hospice:** 1 PM - *Free*

OCTOBER

- **Wed. Oct. 1 or Thurs. Oct. 2: Precinct Trip – Froberg’s Farm in Alvin, TX:** 10 AM - **\$12** (+ Lunch on your own at LongHorn Steakhouse. Must RSVP and pay by September 24.)
- **Wed. Oct 1, 8, 15, 22, 29: Look at Art Lecture w/ Susan Babendure:** 11:15 AM - *Free*
- **Thurs. Oct 2: Sing-Along Choir w/ Karen Kenny:** 10:00 AM - *Free* Lyric sheet, sheet music, and background music will be provided. This is a community choir that welcomes and encourages people living with dementia, along with their care partners and any volunteers who want to sing! No prior singing experience necessary.
- **Thurs. Oct. 2: Creative Corner:** 11 AM - *Free* (Sponsored by Brookdale Galleria) Supplies provided.
- **Mon. Oct. 6: Ask the Doctor w/ Hearing Specialist Dr. Demetrio Sanchez:** 1 PM - *Free*
- **Tues. Oct. 7: Black Pants Club Trip:** 10 AM - *Free* (Registration Required)
- **Tues. Oct. 7: Make Something w/ Lisa Tate:** 10:30 AM - *Free* (Craft: Paper Pumpkins) Supplies provided.
- **Wed. Oct. 8: Destination Lunch – Churrasco’s Steaks and Seafood:** 11 AM - **\$6** (+ Lunch on your own. RSVP and pay by: Oct 1)
- **Thurs. Oct. 9 & Oct. 23: West University Place’s Poetry Pals w/ Bill Boyd:** 10:30 AM - *Free*
- **Thurs. Oct. 9: Living Longer Through Lifestyle Choices w/ Robin & Jamie:** 5:30 PM - *Free* (Curated Walking Experiences Overview with Laura Conely, Nutritionist & Life Coach)
- **Fri. Oct. 10: Tech Help w/ St. John’s High School Students:** 4 PM - *Free* (Registration Encouraged)
- **Fri. Oct. 10: Decades Theme @ Bingo:** 2:30 PM - **\$4** at the door. Costumes Encouraged.
- **Sat. Oct. 11: Daughters of the American Revolution (DAR) Presentation:** (“Restoration of the 1847 Kellum Noble House” with David Bucek & Emily Ardoin.) 10 AM - *Free*
- **Sat. Oct 11: Creative Companions (Watercolor Lessons w/ Riya):** 10 AM - *Free* (Supplies Provided)
- **Mon. Oct. 13: Walk West U:** 7:30-8:30 AM - *Free* (Start at Community Building)
- **Mon. Oct. 13: Cheesecake Baking Class w/ Lynn Smith:** 1 PM - **\$32** (You must bring, to the class, your own hand mixer and springform pan. Max 8 participants.)
- **Tues. Oct. 14: Lone Star Senior Living Facility Tour + Lunch:** 10 AM - **\$1** (Small bus trip. RSVP and pay by Oct 7.)

- **Thurs. Oct. 16: *Living Longer Through Lifestyle Choices w/ Robin & Jamie***: 5:30 PM - *Free* (Activity: Mindful Walking Tour of West U with Laura Conely, Nutritionist & Life Coach! Begins at Senior Center and ends at Tiny's/Milk & Cookies. Dinner/Refreshments on your own.)
- **Fri. Oct. 17: *Pork Chop Friday Trip***: 3 PM - *\$5* (+ Dinner on your own at Perry's Steakhouse. RSVP and pay by Oct 10.)
- **Mon. Oct. 20: *Estate Planning Lecture w/ Attorney Laura Bromlow***: 1 PM - *Free*
- **Tues. Oct 21: *Meet West U: Newbies and Neighbors***: 11 AM - *Free*. Are you new to West U, or a current West U Resident wanting to meet other residents? Participate in this West U Resident Mixer!
- **Tues. Oct. 21: *Painted Rocks Craft Trip to Bellaire LIFE***: 12:30 PM - *Free* (trip on the West U bus)
- **Wed. Oct. 22: *Beer Can House Tour + Lunch***: 10 AM - *\$6* (+ Lunch on your own at El Tiempo Cantina. RSVP and pay by Oct 15. Trip on West U bus.)
- **Wed. Oct. 22-Dec 3 (No Class Nov. 26): *Mah Jong Lessons w Lauren LeVasseur***: 1 PM - *\$116* (per 6-week session) Introductory class using National Mah Jong League rules. 2025 National Mah Jong League card (purchased separately) is required.
- **Thurs. Oct 23-Dec 4 (No Class Nov. 27): *Evening Mah Jong Lessons w/ Lauren LeVasseur***: 5:30 PM - *\$116* (per 6-week session) Introductory class using National Mah Jong League rules. 2025 National Mah Jong League card (purchased separately) is required. *No class November 27*
- **Fri. Oct 24-Dec 5 (No class Nov 28) *Mah Jong Lessons on Fridays w/ Lauren LeVasseur***: 1 PM - *\$116* (per 6-week session) Introductory class using National Mah Jong League rules. 2025 National Mah Jong League card (purchased separately) is required.
- **Mon. Oct. 27: *Make a Miniature Diorama Craft w/ Lori Hill***: 1 PM - *\$3* (Supplies Provided)
- **Thurs. Oct. 30: *National Create a Great Funeral Day w/ Jane Shapiro***: 12 PM - *Free* (Sponsored by Distinctive Life) Light refreshments.
- **Thurs. Oct. 30: *Caregivers Support Group w/ Anchor Hospice***: 1 PM - *Free*

NOVEMBER

- **Mon. Nov. 3: *Walk West U***: 7:30-8:30 AM - *Free* (Start at Senior Services Office)
- **Tues. Nov. 4: *Make Something w/ Lisa Tate***: 10:30 AM - *Free*. Craft: Sweetest bows ever, no skills required. Supplies provided.
- **Tues. Nov 4: *Black Pants Club Trip***: 10 AM - *Free* (Registration Encouraged)
- **Wed. Nov. 5: *Houston Zoo Adventure Trip w/ Mardi Turner***: 9:30 AM - *\$6* (+ Lunch on your own at the Zoo. RSVP and pay by Oct 29.)
- **Wed. Nov. 5, 12, 19: *Look at Art Lecture w/ Susan Babendure***: 11:15 AM - *Free*
- **Thurs. Nov. 6: *Sing-Along Choir w/ Karen Kenny***: 10:00 AM - *Free* Lyric sheet, sheet music, and background music will be provided. This is a community choir that welcomes and encourages people living with dementia, along with their care partners and any volunteers who want to sing! No prior singing experience necessary.
- **Thurs. Nov. 6: *Tic-Tac-Toe Rock Painting w/ Angela Mahmarian***: 1 PM - *Free*
- **Fri. Nov. 7: *Pajama Theme @ Bingo***: 2:30 PM - *\$4* at the door. Costumes Encouraged.

- **Sat. Nov. 8: Daughters of the American Revolution (DAR) Presentation: “Escape from Stalin’s Russia” w/ Jorge Albin:** 10 AM - *Free*
- **Sat. Nov. 8: Medicare 101 Presentation w/ Henry Cook:** 10:30 AM - *Free*
- **Sat. Nov. 8: Creative Companions (Watercolor Lessons w/ Riya):** 10 AM - *Free* (Supplies Provided)
- **Mon. Nov. 10: Cranberry Pie Baking Class w/ Lynn Smith:** 1 PM - **\$23** (Must bring your own pie plate.)
- **Tues. Nov. 11: Veterans Appreciation Lunch Celebration w/ West U Rotary:** 11:30 AM - *Free* (Celebration only for: Veterans, Spouses of Veterans, and Spouses of Veterans who have passed. RSVP Deadline: Nov 4)
- **Wed. Nov. 12: KPRC - Studio Tour:** 9:45 AM - **\$2** (Trip on West U bus. Registration Required.)
- **Thurs. Nov. 13: West University Place’s Poetry Pals w/ Bill Boyd:** 10:30 AM - *Free*
- **Thurs. Nov. 13: Living Longer Through Lifestyle Choices w/ Robin & Jamie:** 5:30 PM - *Free* (Healthful Eating & the Holidays with Brooke Reichel, MS, RDN, LD)
- **Fri. Nov. 14: Tech Help with St. John’s High School Students:** 4 PM - *Free* (Registration Encouraged)
- **Mon. Nov. 17: Walk West U:** 7:30-8:30 AM - *Free* (Start at Senior Services Office)
- **Mon. Nov. 17: Trip to Bellaire LIFE to learn Piping Techniques for Cookie Decorating:** 1 PM - **\$10** (Must RSVP and pay by Nov 10)



- **Mon. Nov. 17: Native American Dancers:** 4 PM - *Free* (Library Program held at Community Building)
- **Wed. Nov. 19: Destination Lunch – Loro Asian Smoke House:** 11 AM - **\$6** (+ Lunch on your own. RSVP and pay by: Nov 12)
- **Thurs. Nov. 20: Living Longer Through Lifestyle Choices w/ Robin & Jamie:** 5:30 PM – *Free* (Olive Oil 101 and Tasting with Sam Abujaude from Phoenicia Specialty Foods)
- **Thurs. Nov. 27: Thanksgiving Meal Provided by Boy Scout Troop 266:** 11:30 AM – *Free* (Must RSVP By Nov 18)

DECEMBER

- **Mon. Dec. 1: Walk West U:** 7:30-8:30 AM - *Free* (Start at Senior Services Office)
- **Tues. Dec 2: Make Something w/ Lisa Tate:** 10:30 AM - *Free* (Holiday Craft: Journals from Greeting Cards) Supplies provided.
- **Tues. Dec. 2: Trip to Nina Springer’s Horse Farm (on West U Bus. Must RSVP and pay by Nov 25):** 10 AM - **\$2**
- **Wed. Dec. 3 or Tues. Dec. 2: Precinct Trip Galveston Dolphin Cruise:** 8:30 AM - **\$35** (+ Lunch on your own at Bubba Gump Shrimp. Must RSVP and pay by Nov. 25.)

- **Thurs. Dec. 4: Sing-Along Choir w/ Karen:** 10:00 AM - *Free* Lyric sheet, sheet music, and background music will be provided. This is a community choir that welcomes and encourages people living with dementia, along with their care partners and any volunteers who want to sing! No prior singing experience necessary.
- **Thurs. Dec. 4: Hot Cocoa & Sing-Along w/ Kapila Sankaran:** 3 PM - *Free*
- **Fri. Dec. 5: Tik Tok Video Making w/ St. John's High School Students:** 4 PM - *Free* (Registration Encouraged)
- **Sun. Dec. 7: Annual Christmas Concert:** 2 PM - *Free*. Houston Concert Band w/ Conductor Chuck Throckmorton. (in Community Building Auditorium)
- **Tues. Dec. 9: Rag Wreath Christmas Craft w/ Angela Mahmarian:** 11 AM - *Free*
- **Wed. Dec 10: Christmas Village at Bayou Bend:** 4 PM-9 PM - **\$33**. Immersive holiday experience and a tour of Ima Hogg's Historic Mansion. Food & Drink purchase on your own at the event. Must have a minimum of 8 attendees. (RSVP and pay by Dec 3)
- **Thurs. Dec. 11: West University Place's Poetry Pals w/ Bill Boyd:** 10:30 AM - *Free*
- **Thurs. Dec. 11: Living Longer Through Lifestyle Choices w/ Robin and Jamie:** 5:30 PM - *Free* (Health Benefits of Tea, and Tasting, with Chris Lyons! Chris is a practicing Herbalist and Tea Specialist with Path of Tea)
- **Fri. Dec. 12: Festivus Bingo:** 2:30 PM - **\$4** at the door. Costumes Encouraged.
- **Fri. Dec. 12: Tech Help w/ St. John's High School Students:** 4 PM - *Free*
- **Sat. Dec. 13: Daughters of the American Revolution (DAR) Presentation (Hives for Heroes® presentation with Steve Jimenez):** 10 AM - *Free*
- **Sat. Dec. 13: Creative Companions (Watercolor Lessons w/ Riya):** 10 AM – *Free* (Supplies Provided)
- **Mon. Dec. 15: Walk West U:** 7:30-8:30 AM - *Free* (Start at Senior Services Office)
- **Mon. Dec. 15: Floral Bouquet Making:** 1 PM - **\$15** (Flowers Provided – Must Bring Your Own Vase. RSVP and pay by Dec 4.)
- **Wed. Dec. 17: Destination Lunch – Tiny Boxwoods (on Alabama Street):** 11 AM - **\$6** (+ Lunch on your own own. RSVP and pay by: Dec 10)
- **Thurs. Dec. 18: Mah Jong Mania - Holiday Tournament:** 5:30 PM - *Free* (Must have been enrolled in one of Lauren LeVasseur's Mah Jong classes in 2025 to register and participate. RSVP by December 11.)
- **Thurs. Dec. 18: Living Longer Through Lifestyle Choices w/ Robin and Jamie:** 5:30 PM - *Free* (Blue Zones Perspective on the Health Benefits of Wine & Tasting at Mercato! Must RSVP and Pay by Nov 25. Cost: \$25. Register at the Senior Services Office.)
- **Fri. Dec. 19: Ugly Sweater Contest & Bingo:** 2 PM Contest, 2:30 PM Bingo - **\$4** at the door. Sweaters Encouraged.
- **Mon. Dec. 22: Trip on the West U Bus to Specs (Downtown) for Holiday Cheer:** 10:30 AM - *Free*
- **Tues. Dec. 30: Texas Art Asylum Trip on the West U Bus:** 10 AM - **\$2**
- **Wed. Dec. 31: Casino Party @ West U:** 11:30 AM - *Free*, in the Community Building Auditorium. (Must RSVP by Dec. 23).

