

FUN OVER 50

West University Place Senior Services
6104 Auden Street
713-662-5895
www.westutx.gov/seniors

Full class descriptions can be found at: www.westutx.gov/reg
or on the West U Parks & Recreation app.

Ongoing Senior Classes or Programs: Please pay for all classes at least one week in advance of the start date. If you are new, take advantage of a one-time-free sample class *before* you buy.

Daytime classes resume the week of January 5-9.

Get Up and Move Programs

Mondays / Wednesdays / Fridays

- 8:30 **Yoga Flow** (Instructor: Hannah) ----- \$50 per month*
(Yoga Poses and Breathing Techniques)
- 9:45 **Body Pump** (Instructor: Leo) ----- \$47 per month*
(Aerobic, Weight, and Floor Mat Work)

Mondays / Wednesdays

- 10:00 **Tai Chi** (Instructor: Greg) ----- \$57 per 6-weeks
(Exercise to Improve Balance and Posture)
- 11:00 **Hatha Yoga** (Instructor: Jean) ----- \$40 per month*
(Focus on Breathing, Meditation, and Posture)
- 11:00 **Water Aerobics** (Instructor: Shavon) ----- \$64 per month*
(Classes at the West U Rec Center)

Mondays / Fridays

- 12:30 **Group Exercise (Boxing)** (Instructor: Aaron) ----- \$40 per month*
(Station Work with Boxing Techniques)

Tuesdays / Thursdays

- 8:30 **Early Risers** (Instructor: Billie) ----- \$19 per month*
(Movement, Toning, and Flexibility Work – Set to Music)
- 10:00 **Yogalates** (Instructor: Jeryl) ----- \$40 per month*
(Beginner, Intermediate, Co-ed, Hybrid Yoga & Pilates) (in-person and on ZOOM)
- 10:00 **Chair Volleyball** (Facilitator: Tom) ----- Free Play
(Sit in Chairs and Hit a Beach Ball Over a Net)
- 11:00 **Zumba** (Instructor: Ronelle) ----- \$55 per month*
- 11:15 **Water Aerobics** (Instructor: Paula) ----- \$64 per month
(Classes at the West U Rec Center)
- 12:00 **Lunchtime Yoga** (Instructor: Molly) ----- \$40 per month*
(Yoga Poses and Breathing Techniques)

Holiday Building Closures: January 1, January 19, April 3

Morning Auditorium classes moved to the John Neighbors Room on Thursday, February 5.
(No Chair Volleyball on February 5.)

*NEW YEAR NEW YOU!

Celebrate with 50% off January ONLY exercise classes for first time West U residents only! **USE CODE: New Year New Me** at time of registration to receive your discount on classes with an asterisk (*).

Tuesdays / Wednesdays / Fridays (*First Come, First Serve – \$20 Per Month for a Pickle Pass (effective January 2, 2026)*)

- 3:00 (Tues) **Pickleball: Experienced Only** ----- Open Play
- 1:00 (Wed) **Residents Only Pickleball** ----- Open Play
- 2:00 (Wed) **Pickleball** ----- Open Play
- 1:00 (Fri) **Pickleball** ----- Open Play

Tuesdays

- 9:30 **Parkinson’s Boxing** (Instructor: Aaron) ----- \$132 per 6-weeks
- 1:30 **Advanced Line Dancing** (Instructor: Elsa) ----- \$44 per 8-weeks

Thursdays

- 9:30 **Chair Stretch** (Instructor: Eileen) ----- Free
- 9:30 **Parkinson’s Boxing** (Instructor: Aaron) ----- \$132 per 6-weeks

Second Wednesday of Each Month

- 3:30 **Wine Down Wednesday** (Instructor: Hannah) ----- \$9 per session
(*Basic Yoga Moves, Longer Hold Times, Wine Sipping*)

Additional Thursday Evening Programs

- 5:00 **Evening Tai Chi w/ Greg** (*Beginner Class*) ----- \$44 per 8-weeks
Session: January 15 – March 5
Session: March 12 – April 30
- 5:30 **Mahjong Lessons w/ Lauren** ----- \$116 per 6-weeks
Session: January 8 – February 12
Session: February 19 – March 26
Session: April 2 – May 7
- 6:15 **Beginner Line Dance w/ Elsa** ----- \$44 per 8-weeks
Session: January 15 – March 5
Session: March 12 – April 30
- 7:30 / 8:30 **Evening Dance Classes w/ Scott** ----- \$110 per 8-weeks
Session: January 15 – March 5
(7:30 PM Cha-Cha) (8:30 PM Intermediate Waltz)
Session: March 19 – May 7

Cultural, Gaming, & Art Programs

Mondays

- 9:30 **Bridge** ----- Free Play
- 1:00 **Mahjong Games** (*First Come, First Serve*) ----- Free Play
- 4:00 **Balance & Stretch Exercise** (Instructor: Mary McKelvey) ----- Free

Tuesdays

- 1:00 **Games Day – You Pick!** ----- Free Play
(*Groups are currently playing UNO & Rummikub*)
- 1:00 **Sewing Connection** (*Second and Fourth Tuesdays*) ----- Free
(Bring Your Own Projects)

To learn more about our other services such as: Transportation Services, Words on Wheels, Trash Assistance, and our Handyman Program, please visit: www.westutx.gov/seniors for more details.

Wednesdays

- 10:00 **West U Mahjong Club: Pre-Registration Required** ----- Free
(Sponsored By: Maggie Garza & Jill Hord with Compass Realty)
Sessions: January 7–28, February 4–25, March 4–25, April 1–29
- 10:00 **Needlework** (Bring Your Own Projects) ----- Free
- 11:00 **Book Discussion Group** ----- Free
(First Wednesday with Harris County Public Library)
- 1:30 **Studio Art** (Facilitator: Barb – Bring Your Own Project) ----- \$30 per 8-weeks
Session: January 7 – February 25
Session: March 4 – April 29
- 2:00 **Virtual Meditation** (Second and Fourth Wednesdays) ----- Free
- 2:00 **Chardonnay & Coloring Club** (Third Wednesday) ----- Free
Sponsored By: Arosa Care

Thursdays

- 12:30 **Great Decisions Discussion** (Second Thursday) ----- Free
(Foreign Policy Book Required) No meeting in January or February.
- 1:00 **Mahjong Games** (First Come, First Serve) ----- Free Play
- 2:00 **Chat & Chain** (Bring Your Own Needlework Projects) ----- Free
(Harris County Public Library Program held in the Community Building)
- 3:30 **Canasta** ----- Free Play
- 6:00 **West U Garden Club** (Fourth Thursday) ----- Free
- 6:30 **West U Civics Club** (First Thursday) No meeting in January. --- Free

Fridays

- 9:00 **Watercolor Class for All Skill Levels** (Instructor: Mary Baker) - \$88 per 8-weeks
Paint & Paper provided. Bring Your Own Brushes & Paint Tray.
Session: January 9 – February 27: Still Life (Each class is 2 hours)
Session: March 13 – May 1: Pet Portraits (Each class is 2 hours)
- 11:15 **Shakespeare Class** (Instructor: Kate) ----- \$33 per 8-weeks
Session: January 9 – February 17 (Othello)
Session: March 6 – May 1 (No class on April 3 Good Friday)
- 1:30 **Bingo** ----- \$4 at the door

Monthly Theme Meals (Tuesdays at 11:30 am, \$7)

Meals prepared by Lynn Smith and Co. ~ Entertainment Sponsored by: **Brombacher & Co. Properties**

- Jan. 27 **Pajama Jam** ----- Deadline to RSVP & Pay: Jan. 21
Dessert Sponsor: Silverado
Entertainment: Pat Gavin
- Feb. 24 **Rodeo Roundup** ----- Deadline to RSVP & Pay: Feb. 18
Dessert Sponsor: Arosa Care Caregivers
Entertainment: Andrew Bateman
- Mar. 17 **St. Patrick's** ----- Deadline to RSVP & Pay: Mar. 11
Dessert Sponsor: Belmont Village
Entertainment: Cindy St. Cyr
- Apr. 28 **Under the Sea** ----- Deadline to RSVP & Pay: Apr. 22
(Dessert Sponsor: Morning Star Senior Living)
Entertainment: Larry Glass

WINTER PROGRAMS

JANUARY

- **Mon. Jan. 5 & 12: Walk West U:** Start at the Community Building for this 45-minute walk. **8 AM - Free**
- **Mon. Jan. 5: NEW! Group Exercise (Boxing):** w/ Aaron Frank **12:30 PM (Free Trial Day)**
- **Mon. Jan. 5: The Fine Art of Napkin Folding:** w/ Eileen O'Neill (Registration Preferred. Supplies Provided) **1 PM - Free**
- **Mon. Jan. 5 - Feb 16: Introduction to Computers:** Bring your lap top to this beginner course that will encompass the true basics during this six week series. **11 AM-12:30 PM. - Free** (No class on Jan. 19) Hosted by Harris County Library. Held at the Community Building.
- **Tues. Jan. 6: Golden Notes Chorus Sing-Along:** w/ Karen Kenny - Lyrics and background music provided. A community chorus designated to support people living with dementia and their family member or friend. No prior singing experience required. **10 AM - Free**
- **Wed. Jan. 7 - Feb. 11: Mahjong Lessons:** w/ Lauren LeVasseur (6-week session) Introductory instructional class using National Mahjong League rules. (2025 National Mahjong League card required; you must purchase separately) **1 PM - \$116**
- **Wed. Jan. 7: Black Pants Club:** w/ Dorothy Zink (Shopping Adventure on Small Bus) **10 AM - \$5**
- **Thurs. Jan. 8 - Feb. 12: Evening Mahjong Lessons:** w/ Lauren LeVasseur (6-week session) Introductory instructional class using National Mahjong League rules. (2025 National Mahjong League card required; you must purchase separately) **5:30 PM - \$116**
- **Thurs. Jan. 8: Living Longer Through Lifestyle Choices:** w/ Robin, Jamie & Eileen **5:30 PM - Free**
- **Fri. Jan. 9 - Feb. 13: Mahjong Lessons:** w/ Lauren LeVasseur (6-week session) Introductory instructional class using National Mahjong League rules. (2025 National Mahjong League card required; you must purchase separately) **10 AM - \$116**
- **Sat. Jan. 10: Daughters of the American Revolution (DAR) Speaker:** "Let's take a walk on Houston's wild side!" Speaker: Suzanne Simpson **10 AM - Free**
- **Sat. Jan. 10: Creative Companions:** Watercolor Lessons w/ Riya. (Supplies Provided) **10 AM - Free**
- **Mon. Jan. 12: Live Magic Show Performance for Seniors:** (Sponsored by: Suvida Health Care Management) **1 PM - Free**
- **Tues. Jan. 13: Memory Café – Movement & Music:** Therapeutic movement experience for people living with changes in their memory alongside the people who care about them. (Registration Preferred. Supplies Provided) **11 AM - Free**
- **Tues. Jan. 13: West U Men's Club – Poker Party:** Bring your poker face and sharpest wit! (Registration Preferred. Lite Bites Included) **1 PM - Free**
- **Wed. Jan. 14: Destination Lunch @ Mia Bella:** (3773 Richmond Ave) **11 AM - \$6** (+ Lunch on your own)
- **Thurs. Jan. 15: Falls & Inner Ear Issues Lecture:** (Pinnacle Therapy Specialist) **10 AM - Free**
- **Thurs. Jan. 15: Make Something!:** w/ Lisa Tate & Angela Mahmarian (Supplies Provided. Registration Required) **1 PM - Free**
- **Thurs. Jan. 15: Longer Living Through Lifestyle Choices:** w/ Robin, Jamie & Eileen (Activity: Honey Tasting and Benefits) **5:30 PM - Free**
- **Fri. Jan. 16: Wacky Hat Day @ Bingo:** Costumes Encouraged. **1:30 PM - \$4** (at the door)

- **Fri. Jan. 16: Tech Help:** w/ St. John's High School Students **4 PM - Free**
- **Tues. Jan. 20: Presentation - Exploring Oaxaca Mexico:** w/ Bob Levy (Held at Community Building in the John Neighbors Room) **12:30 PM - Free**
- **Wed. Jan. 21: Walmart Shopping Trip @ Rice Location:** (includes one hour of onsite shopping) **10 AM - Free**
- **Thurs. Jan. 22: Wheel of Fortune Behind the Scenes:** w/ **Michelle Blunt:** (Lite Bites Provided) **12 PM - Free**
- **Thurs. Jan. 22: Caregivers Support Group:** w/ Anchor Hospice **1 PM - Free**
- **Fri. Jan. 23: Cyber Security:** w/ Cathryn from Bellaire High School **4 PM - Free**
- **Mon. Jan. 26: Elder Law:** w/ Houston Bar Association **1 PM - Free**
- **Tues. Jan. 27: Theme Meal:** "Pajama Jam" (Deadline to RSVP & Pay: Jan.21) **11:30 AM - \$7**
- **Thurs. Jan. 29: Author Talk:** w/ Greg Funderburk - 'The Morning Wave' - a Novel of the Galveston Storm of 1900. **6 PM - Free**

FEBRUARY

- **Mon. Feb. 2 & 16: Walk West U:** Start at the Community Building for this 45-minute walk. **8 AM - Free**
- **Mon. Feb. 2: The Fine Art of Folding:** "Marie Kondo Style" Garment and Sheet Folding w/ Eileen O'Neill (Registration Preferred. Supplies Provided) **1 PM - Free**
- **Tues. Feb. 3: Golden Notes Chorus Sing-Along:** w/ Karen Kenny - Lyrics and background music provided. A community chorus designated to support people living with dementia and their family member or friend. No prior singing experience required. **10 AM - Free**
- **Wed. Feb. 4: Black Pants Club:** w/ Dorothy Zink (Museum Trip on small bus) **10 AM - \$5**
- **Thurs. Feb. 5: Creative Corner Craft:** (Sponsored by Brookdale Galleria – Supplies Provided) **11 AM - Free**
- **Tues. Feb. 10: Memory Café – Drum Circle:** Join Cindy St. Cyr for an exciting hour of drum circle focusing on collaborative rhythm creation and connection. No musical experience is necessary. This program is geared towards people living with changes in their memory alongside the people who care about them. (Registration Preferred. Supplies provided) **11 AM - Free**
- **Tues. Feb. 10: West U Men's Club:** Mens Social Networking. Refreshments. **10 AM - Free**
- **Tues. Feb. 10: Poker Party! w/ Henry:** Chips, Cards, and Fun provided! **1 PM - Free**
- **Wed. Feb. 11: Chocolate Shop Tour:** Visiting three wonderful shops in the area. **11 AM - \$5** (+ Chocolate purchase on your own)

Sat. Feb. 7: Live Concert: "Vino & Vibes" - an evening of Vivaldi, Vitali, & Valpolicella! Wines from Northern Italy accompany the ravishing songs and madrigals, spirited chaconnes, and toccatas of 17th-18th century Italy. Presented by Ornamenti, Houston's shiny new Baroque ensemble, featuring renowned Houston soprano Julia Fox, harpsichordist Molly

Hammond and star quality instrumentalists. www.ornamenti.org

Wine & lite bites included with ticket purchase. **\$15 per ticket or \$25 for two tickets.** (Price increase after January 23)

Doors open at 6:30 PM, Concert begins at 7 PM

Purchase Tickets at: www.westutx.gov/VinoVibes

- **Thurs. Feb. 12 & 19: *Living Longer Through Lifestyle Choices*:** w/ Robin, Jamie and Eileen **5:30 PM - Free**
- **Sun. Feb. 15: *Houston Grand Opera*:** Humperdinck's Hansel and Gretel (Meet by the small bus at the Community Building, along Milton Street - Deadline to RSVP & Pay: Jan. 21, Minimum 10) **12:00 PM - \$85 (Grand Tier Level) - \$35 (For Highest Level)**
- **Mon. Feb. 16: *Med Center Therapy Speaker*:** (Topic: Balance) **1 PM - Free**
- **Tues. Feb 17: *BUNCO!*:** Short lesson before the games begin. (Snacks provided) **11 AM - Free**
- **Wed. Feb. 18: *Destination Lunch – Fogo De Chao*:** (8250 Westheimer Rd) **11 AM - \$6** (+ Lunch on your own)
- **Wed. Feb. 18 - Mar. 25: *Mahjong Lessons*:** w/ Lauren LeVasseur (6-week session) Introductory instructional class using National Mahjong League rules. (2025 National Mahjong League card required; you must purchase separately) **1 PM - \$116**
- **Thurs. Feb. 19 or Feb. 5: *Precinct Trip – Spindletop Boomtown Museum Tour*:** In Beaumont. On January 10, 1901, on Spindletop Hill outside of Beaumont, Texas, the Lucas Gusher roared to life. This spectacle ushered in the petroleum age, changing the course of United States history. (Deadline to RSVP and Pay: Jan 22) **8:30 AM – \$10** (+ Lunch on your own @ Riverside Grille)
- **Thurs. Feb. 19: *Make Something!*:** w/ Lisa Tate & Angela Mahmarian (Supplies Provided. Registration Required.) **1 PM - Free**
- **Thurs. Feb. 19 - Mar. 26: *Mahjong Lessons*:** w/ Lauren LeVasseur: (6-week session) Introductory instructional class using National Mahjong League rules. (2025 National Mahjong League card required; you must purchase separately) **5:30 PM - \$116**
- **Fri. Feb. 20 - Mar. 27: *Mahjong Lessons*:** w/ Lauren LeVasseur (6-week session) Introductory instructional class using National Mahjong League rules. (2025 National Mahjong League card required; you must purchase separately) **10 AM - \$116**
- **Fri. Feb. 20: *Pizza Party @ Bingo*:** **1:30 PM - \$4** at the door.
- **Fri. Feb. 20: *Tech Help*:** w/ St. John's High School Students **4 PM - Free**
- **Sun. Feb. 22: *Rice Village Farmers Market*:** Vendors sell everything from locally sourced produce and grass-fed meat to neighborhood honey. **9 AM - \$5**
- **Mon. Feb. 23: *Spelling Bee*:** Hosted By - Librarian John Harbaugh **1 PM - Free**
- **Tues. Feb. 24: *Theme Meal*:** "Rodeo Round-Up" (Deadline to RSVP & Pay: Feb.18) **11:30 AM - \$7**
- **Wed. Feb. 25: *Double Decker Bus Tour Houston*:** City Tour (Deadline to RSVP & Pay: Feb 19) **9 AM - \$36**
- **Thurs. Feb. 26: *Caregivers Support Group*:** w/ Anchor Hospice **1 PM - Free**

MARCH

- **Mon. Mar. 2 & 16: *Walk West U*:** Start at the Community Building for this 45-minute walk. **8 AM - Free**
- **Mon. Mar. 2: *The Fine Art of Bow Making*:** (Registration Preferred. Supplies Provided) **1 PM - Free**
- **Tues. Mar. 3: *Golden Notes Chorus Sing-Along*:** w/ Karen Kenny - Lyrics and background music provided. A community chorus designated to support people living with dementia and their family member or friend. No prior singing experience required. **10 AM - Free**

- **Wed. Mar. 4: *Black Pants Club Trip:*** w/ Dorothy Zink (Community Adventure on small bus) **10 AM - \$5**
- **Fri. Mar. 6: *River Oaks Azalea Trail Tour:*** (on the small bus. Deadline to RSVP & Pay: Feb 24) **9:30 AM - \$30**
- **Sat. Mar. 7: *Daughters of the American Revolution (DAR) Speaker:*** “The American Revolution: The Spanish Secret.” Speaker: John Espinosa, Governor General of Granaderos y Damas de Gálvez. **10 AM - Free**
- **Sat. Mar. 7: *Medicare 101 Lecture:*** w/ Henry Cook **10 AM - Free**
- **Sat. Mar. 7: *Creative Companions:*** Watercolor Lessons w/ Riya. (Supplies Provided) **10 AM - Free**
- **Tues. Mar. 10: *Memory Café – Creative Arts:*** Therapeutic movement experience for people living with changes in their memory alongside the people who care about them. Bring a memorable, printed photo of your life to share with the group (Registration Preferred. Supplies provided) **11 AM - Free**
- **Tues. Mar. 10: *West U Men’s Club Trip:*** Explore McGovern Centennial Gardens in Hermann Park. **11 AM - \$5**
- **Tues. Mar. 10: *Poker Party!:*** w/ Henry: Chips, Cards, and Fun provided! **1 PM - Free**
- **Thurs. Mar. 12 & 19: *Living Longer Through Lifestyle Choices:*** w/ Robin & Jamie & Eileen **5:30 PM - Free**
- **Tues. Mar. 17: *Theme Meal:*** “St. Patrick’s Day” (Deadline to RSVP & Pay: March 11) **11:30 AM - \$7**
- **Wed. Mar. 18: *Meyerland Plaza Trip:*** (includes one hour of onsite shopping) **10 AM - \$5**
- **Thurs. Mar. 19: *Make Something!:*** w/ Lisa Tate & Angela Mahmarian (Supplies Provided. Registration Required.) **1 PM - Free**
- **Fri. Mar. 20: *Tech Help:*** w/ St. John’s High School Students **4 PM - Free**
- **Tues. Mar. 24: *Destination Lunch - Grace’s:*** (3111 Kirby Dr.) **11 AM - \$6** (+ Lunch on your own)
- **Wed. Mar. 25: *Glenwood Cemetery Tour:*** Tours involve one mile of walking at a leisurely pace. **10:30 AM - \$16**
- **Thurs. Mar. 26: *Caregivers Support Group:*** w/ Anchor Hospice **1 PM - Free**
- **Mon. Mar. 30: *Generations Jeopardy Senior Edition:*** Hosted By-Librarian John Harbaugh **1 PM - Free**
- **Tues. Mar. 31: *BUNCO!:*** Short lesson before the games begin. (Snacks provided) **11 AM - Free**
- **Tues. Mar. 31: *Highland Village Trip:*** Shopping Adventure **11 AM - \$5**

APRIL

- **Wed. Apr. 1: *Black Pants Club Lunch Trip:*** w/ Dorothy Zink (Planning Trip using the Small Bus. Lunch On Your Own @ Panera Bread) **10 AM - \$5**
- **Wed. Apr. 1 - May 6: *Mahjong Lessons:*** w/ Lauren LeVasseur (6-week session) Introductory instructional class using National Mahjong League rules. (2026 National Mahjong League card required; you must purchase separately) **1 PM - \$116**
- **Thurs. Apr. 2 - May 7: *Evening Mahjong Lessons:*** w/ Lauren LeVasseur (6-week session) Introductory instructional class using National Mahjong League rules. (2026 National Mahjong League card required; you must purchase separately) **5:30 PM - \$116**
- **Mon. Apr. 6: *Walk West U:*** Start at the Community Building for this 45-minute walk **8 AM - Free**

- **Mon. Apr. 6: *The Fine Art of Cruise-Style Animal Towel Folding:*** w/ Eileen O'Neill (Registration Preferred. Supplies Provided) **1 PM - Free**
- **Tues. Apr. 7: *Golden Notes Chorus Sing-Along:*** w/ Karen Kenny - Lyrics and background music provided. A community chorus designated to support people living with dementia and their family member or friend. No prior singing experience required. **10 AM - Free**
- **Tues. Apr. 7: *Cardio Drumming:*** Exercise balls, stands, music, drumsticks, and laughter provided. **1 PM - Free**
- **Wed. Apr. 8: *Destination Lunch - Becks Prime Uptown:*** (2615 Augusta Dr.) **11 AM - \$6** (+ Lunch on your own)
- **Thurs. Apr. 9 & 16: *Living Longer Through Lifestyle Choices:*** w/ Robin & Jamie & Eileen **5:30 PM - Free**
- **Fri. Apr. 10 - May 15: *Mahjong Lessons:*** w/ Lauren LeVasseur (6-week session) Introductory instructional class using National Mahjong League rules. (2026 National Mahjong League card required; you must purchase separately) **10 AM - \$116**
- **Fri. Apr. 10: *Tech Help:*** w/ St. John's High School Students **4 PM - Free**
- **Mon. Apr. 13: *Learn the Basics about ChatGPT:*** Must bring your phone for hands-on learning. **3 PM - Free**
- **Tues. Apr. 14: *Memory Café - Holidays & Senses:*** Therapeutic movement experience for people living with changes in their memory alongside the people who care about them. Themed stations focused on happy holiday memories. (Registration Preferred. Supplies Provided) **11 AM - Free**
- **Tues. Apr. 14: *West U Men's Club Trip:*** Lone Star Flight Museum **10 AM - \$14**
- **Tues. Apr. 14: *Poker Party!:*** w/ Henry: Chips, Cards, and Fun provided! **1 PM - Free**
- **Wed. Apr. 15: *Antiques & Margaritas Trip:*** (Multiple stops along 19th St. in the Heights) **10 AM - \$5**
- **Thurs. Apr. 16: *Make Something!:*** w/ Lisa Tate & Angela Mahmarian (Supplies Provided. Registration Required.) **1 PM - Free**
- **Fri. Apr. 17: *Senior Prom:*** Dancing & Music: Light Dinner Provided. (Deadline to RSVP: April 10) **4-5:30 PM - \$3**
- **Tues. Apr. 21: *BUNCO!:*** Short lesson before the games begin. (Snacks provided) **11 AM - Free**
- **Tues. Apr. 21: *Root Beer Float Social:*** (Refreshments Provided) **2 PM - Free**
- **Wed. Apr. 22 or Thurs. Apr. 23: *Precinct Trip – Blue Bell Creamery Tour:*** in Brenham (Deadline to RSVP and pay by April 1) **9 AM - \$10** (+ Lunch on your own at Volare)
- **Thurs. Apr. 23: *Caregivers Support Group:*** w/ Anchor Hospice: **1 PM - Free**
- **Tues. Apr. 28: *Theme Meal:*** "Under the Sea" (Deadline to RSVP & Pay: Apr. 22) **11:30 AM - \$7**
- **Wed. Apr. 29: *Trader Joes's Trip @ 1440 Voss Rd:*** (includes one hour of onsite shopping) **10 AM - \$5**
- **Thurs. Apr. 30: *National Tie Dye Day:*** Bring your own white cotton apparel to make and take home - dye, rubber bands, gloves, and instructions provided. **11 AM - Free**

AARP Tax Help 2026: AARP will be providing free tax help for seniors at the Scout House (6108 Edloe) on Wednesdays and Fridays, from February 11 to April 15 (no appointments during the week of Spring Break, March 9-13). You must schedule your appointment through Senior Services by calling 713-662-5895. Appointments are on the hour, 9 am – 12 pm.